

Carolyn Horwood

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EDUCATION

University of Calgary **2024 Jul. - Present**
Doctor of Medicine (MD)

University of Calgary **2019 Sep. – 2024 Apr.**
Bachelor of Health Sciences Honours, Health and Society (concentration: Sociology)
Bachelor of Arts, International Indigenous Studies
Group Study Abroad: 2023 Jun. 4-17, Community Building Through Meaningful Collaboration of Ainu and Japanese in Hokkaido: Japan. Awarded Government of Canada Global Indigenous Skills Scholarship.

Honours Thesis Student, Bachelor of Health Sciences Honours Program **2022 Sep. – 2023 Apr.**
Title: "I-Identify: Understanding Indigenous perspectives on implementing an Indigenous health identifier in Alberta Health Services." (2023).
Supervisors: Dr. Rita Henderson; Dr. Mandi Gray
• Work advised not harmfully introducing an Indigenous identifier in Alberta's electronic health record system.

Indigenous Research Practicum Student, International Indigenous Studies **2023 Jan. – 2023 Apr.**
Title: Utilizing knowledge exchange to explore the primary care needs of older Indigenous adults with experiences of homelessness. (2023).
Instructor: Dr. Adela Kincaid; **Supervisor:** Dr. Lara Nixon

EXPERIENCE

President, Calgary Medical Students' Association **2024 Aug. - Present**
• Leading executive team of 11 student representatives, leading bi-weekly meetings and regular check-ins
• Advocacy wins include implementing maximal provision of PowerPoint lecture slides pre-lecture, and ongoing project with provincial MLAs to explore parking passes.
• Currently leading student discussion board project evaluation to improve student content question response times.

Street Outreach Volunteer, Be The Change YYC **2025 Apr. – Present**
• Monthly volunteering to provide harm reduction, hygiene, and basic needs resources to vulnerable community members living on the streets of Calgary.

Medical Student Liaison, Hope's Cradle, Gems for Gems **2025 Jan. - Present**
• Focusing on expanding Hope's Cradle, a harm reduction infant surrender project, to medical offices in Alberta.

Delegate and Researcher, Provincial Day of Action, Cumming School of Medicine **2024 Dec. - Present**
• Researching barriers to acute care access for the field of obstetrics and gynecology in the province of Alberta.
• Intention to discuss findings with provincial MLAs in April of 2025.

Placement Volunteer, The Immigrant Education Society **2024 Sep. - Present**
• As a part of academic community-engaged learning placement, supporting a research project to inform the cultural competency of crisis line workers for immigrant and refugee clients.

Ambassador, One Young World **2024 Aug. - Present**
• After being elected as a 2024 One Young World delegate, continued international advocacy work to support initiatives including the education of women and girls in Afghanistan and global clean drinking water projects.

Volunteer, End Female Genital Mutilation Canada National Network **2024 Jun. - Present**

- Advocating for national-level medical school inclusion of content related to female genital mutilation and cutting.

Volunteer, Calgary Drop-in and Rehab Centre **2024 Jan. – Present**

- Monthly volunteering to serve dinner and lunch to vulnerable community members.

Delegate, Municipal Day of Action, Cumming School of Medicine **2024 Oct. - 2024 Dec.**

- Discussed advocacy related to rising costs of living and the local housing crisis in Calgary with provincial MLA Dr. L. Metz; initiated provincial-level discussion of the impacts of student parking costs on medical student wellness.

Co-Chair, Sustainable Development Goals Alliance, University of Calgary **2021 Jan. – 2024 Jul.**

- Co-led secretariat team of 11 executives to engage with sustainable community initiatives.
- Organized 2 annual International Development Week storytelling events engaging >50 guests.
- Engaged with over 300 students on topics of sustainability through workshops, events, and training.

Co-founder, Canadian Adolescent Sexual Violence Prevention Society **2021 Jan. – 2024 Apr.**

- Created sexual violence prevention workshops engaging with >100 undergraduate students.
- Survey data supports improved student understanding of adolescent sexual violence and resources on campus.
- Student feedback: “I feel like [the workshop] should be mandatory for all students.”

Student-Faculty Liaison Committee Member, University of Calgary **2021 Nov. – 2023 Apr.**

- Elected by students to advocate for >50 Health and Society major students.
- Selected as sole Bachelor of Health Sciences representative to advise University of Calgary calendar changes.

Co-Lead, Sustainable Development Goals Summit, University of Calgary **2021 Apr. – 2021 Oct.**

- Organized week-long summit event hosting 88 attendees over 7 interactive event sessions.
- Directly resulted in 11 University-funded, student-led sustainability project implementations.
- Led to recognition in Canada’s 2021 Annual Report on the 2030 Agenda and the SDGs.
- Influenced the University of Calgary’s Times Higher Education global ranking increase.

RESEARCH EXPERIENCE

Research Associate, Family Medicine, Cumming School of Medicine **2023 Sep. – 2024 Jun.**

- Daily project management of SSHRC and CIHR-funded project: “*Aging Successfully*”: Exploring older people’s lived experiences of homelessness supervised by Dr. Lara Nixon

Student Research Assistant, Family Medicine, Cumming School of Medicine **2022 May – 2024 Jan.**

- Led report on First Nations health data equity in Alberta; assisted First Nations opioid crisis research.
- Assisted evaluation of novel Indigenous health elective for family medicine residents.

Community-Engaged Learning Research Assistant, Cumming School of Medicine **2021 Jun. – 2021 Aug.**

- Completed environmental scan investigating community-engaged learning at medical schools.
- Final report directly influenced curriculum changes for undergraduate medical students at the University of Calgary.

OTHER SKILLS AND HOBBIES

Languages: Spanish (Advanced), Danish (basic reading and listening), Cree (introductory), Stoney Nakoda (introductory)

Hobbies: Reading, Running, Speed Jigsaw Puzzle Competitions, Rock Climbing (7+ years), Dance, Fitness